



Role Description

Role:- RDA Session Assistant

Reports to:- Session Coach/Instructor

(Where appropriate you will be assigned a senior volunteer to support you)

Key Responsibilities:

To support and encourage participants to obtain the most from their RDA activities.
To support the RDA Session Coach/Instructor in providing safe, effective and fun sessions.

Responsibilities:

1. To carry out only tasks for which you have been trained in accordance with your Volunteers Basic Training Record Card
2. To carry out stable duties as appropriate and instructed
3. To carry out horse care i.e. grooming, tacking up/un-tacking as appropriate and instructed
4. To support an RDA session by assisting with the instruction of participants as deemed appropriate and requested by the Coach/Instructor
5. Assist with mounting and dismounting as required and appropriate
6. To provide participants with appropriate support and recognition
7. To act as a leader or side helper as instructed by the Instructor/Coach