



WORLD'S BIGGEST RIDING LESSON



30 September 2009

Background

The World's Biggest Riding Lesson on the 30th September 2009 will be the launch of RDA's 40th Anniversary Celebrations.

The event is open to all RDA Groups and any other riding centre or group that is not part of RDA. It aims to be a chance for everyone to have fun and include as many people as possible in celebrating RDA's anniversary. In addition, we hope it will raise both money and profile for your Group and RDA generally. We hope to get at least 5,000 people riding for RDA on the day.

This brief overview of the event gives the basic facts – more information is available from RDA National Office.

1. Format:

- Each participating centre will run lessons starting between 10am and 8pm on 30 September 2009, which will count towards the total number. Note – you can choose any time period as long as it falls within these times.
- There is no minimum number of riders per session or per centre.
- There is a maximum of 8 riders per session (ie riding at one time).
- In the interests of welfare, Groups may use each horse/pony for a maximum of 6 riders. This can be broken down into a maximum of two consecutive rides (if a horse is ridden for two consecutive sessions there must be a break of at least one hour). The registration pack will include more information on welfare.
- The session will last 20 minutes starting on the hour and half hour (allowing a 10 minute change over and repeated after half an hour).
- A participating centre may use as many instructors as necessary, all of whom must be appropriately experienced and insured.
- Each centre will have an independent witness who will sign and return a statement to RDA National, confirming the number of riders who took part.

Full information on all the above points will be in the registration pack

2. **The Lesson:**

The lesson will start with a simple routine at walk, for approximately 4 minutes – this will be mapped out and all participants required to follow the instructions. After this, the instructor will continue the lesson as appropriate to the rider(s).

Plan:

(First nine movements at walk only during them instruction to be given as needed)

1. Rider/s halt on A – C (Centre Line) facing B.
2. Walk forward to side of school.
3. Track right – full circuit of school.
4. At A turn down centre line to C.
5. At C turn left – full circuit of the school.
6. At H turn across diagonal HXF.
7. At K turn across diagonal KXM.
8. On HEK side of school ½ 10m circle left to centre line.
9. On centre line ½ 10m circle right to MBF
10. On return to A continue lesson at level appropriate to the riders in the lesson.

3. **Fundraising**

We hope that you will be able to use the event to raise funds for your Group. Sponsorship forms for riders taking part will be in the registration pack.

4. **Awards**

- Every RDA rider that takes part will receive a rosette
- Every centre that takes part will receive a certificate
- There will be prizes for the RDA Group with the largest number of riders (in relation to the size of the Group)
- There will be a prize for the Region with the largest number of participating Groups (in relation to the size of the Region).

5. **What do we do next?**

If you are interested in taking part, or want more information, please contact RDA National Office for a Registration pack. This will have all the information you need, including an entry form and everything you need to make sure you have a successful and fun event.

Please note there is no fee payable for RDA Groups to take part in this event

To get a pack, please email celebration@rda.org.uk or call 0845 241 6321

To take part you can have as many or as few riders as you wish – or you can team up with another centre – we want as many people as possible to have the chance to do so. If you want to discuss the event with someone, please call National Office and we'll be happy to answer your questions.