



RIDING FOR THE DISABLED ASSOCIATION
INCORPORATING CARRIAGE DRIVING

TALES FROM RDA – A COLLECTION OF STORIES & ANECDOTES

Please tell us a story about RDA – it may be short (10 words will do) or longer; personal or about somebody else; and it may be on any subject. We are looking for those personal memories and incidents that only you know about – please see the back of this form for more information. Stories may be on paper, CD/DVD or sent by e-mail.

We would very much like to have relevant photographs, but please be sure to include descriptive captions.

If a suitable publicity opportunity arises, the material will be used to further the aims of RDA – IMPROVING LIVES

Profile of Storyteller – please supply the following information, either by completing and returning this sheet, putting it in your story or in a covering e-mail or letter. We may not be able to use the material if we cannot identify you as the author. This information will be used for RDA purposes only.

Title & Name of Contributor		
Address		
	Postcode:	Tel. No.
e-mail		
Age (please tick)	Under 16 __ 17-40__ 41-65 __ Over 65 __ (not obligatory but it will help us use your material most appropriately)	
RDA connection	Name of Group: (if you are not attached to a Group, please leave blank)	
	Position, status, form of contact with RDA (e.g. parent, teacher, Father Christmas, rider, administrator, supporter etc.)	
Signature		Signature of parent/carer for contributors under the age of 16 years.

In Recognition of your Contribution, you are invited to become an Associate Friend of RDA. You will receive an annual edition of the RDA Newsletter *Hoofprints*, and other news from RDA National free of charge.

Please tick the box if you would **not** like to be an Associate Friend of RDA

For further information, or if you would like any help or suggestions, please contact Jan Abrahams.

ALL CONTRIBUTIONS WILL BE ACKNOWLEDGED

STORY COLLECTION BOXES will be in the Secretary's Office and the marquee at the NATIONAL CHAMPIONSHIPS, or you may send your story direct to Jan Abrahams

Contact details for Mrs Jan Abrahams
Tel: 0845 241 4328 (day time, evenings & weekends)
Email: jbrahams@rda.org.uk
Post: RDA National Office (below)

Norfolk House, 1A Tournament Court, Edgehill Drive, Warwick CV34 6LG
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President: HRH The Princess Royal KG KT GCVO QSO

CAPTURING THE ESSENCE OF RDA

THROUGH STORIES AND ANECDOTES

Please would you tell us a story connected with RDA

Whatever your role or connection with RDA, it is likely that you can recall at least one incident or activity, or you have a comment that sums up your feelings for the organisation. These stories capture the essence and strength of RDA and are a valuable resource that may be used in many ways for the benefit of the whole organisation: they could be included in an RDA 40th Anniversary celebratory booklet and to raise the profile of RDA; to motivate supporters and donors; to stimulate medical interest; to encourage new volunteers to come forward and get involved.

Young participants may like to recount particular triumphs and stories about their ponies and the magic of HORSE POWER, while adults could tell about overcoming logistical nightmares connected with getting to RDA events. Volunteers could relate how they became INVOLVED and what they get out of it, and those small incidents that made them smile and that 'say it all about RDA'. Parents and carers may tell how RDA has IMPROVED LIVES.

Please do not dismiss your story as not being of any interest to anyone. It may be ten words or two pages (preferably not more than that), and, if necessary, RDA will edit it to suit a particular use.

Thank you.

countrywide
Supplying the rural community